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PP606264/1022 ↓ Vol 5.3, September 2009 ↓ \$5.50 inc GST

# MAJOR SPONSOR NEWS Woodside joins Fremantle

LIVETHE
DREAM
2009
Living the life of an AFL footballer

# MASTER AND APPRENTICE

**Sandilands and Clarke** 





Proud Major Sponsors



HERO POSTER Rising Star Stephen Hill



HART AND SOUL Farewell to President Rick Hart



PURPLE PATCH Our patch of passionate supporters

# TEAM STORE End of Season Sale



Opening hours for the Team Store at Fremantle Oval (Parry Street):

Monday-Friday: 9.00am-5.00pm Closed Saturday

\*This offer is available for the month of September only and excludes sale items.

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FREMANTLE FOOTBALL CLUB LTD **Docker** – Official Magazine of the Fremantle Football Club Volume 5, Edition 3, September 2009

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Photography: Fremantle Football Club, AFL Photos, The West Australian Front cover: Derby jubilation – first year players celebrating after the round 17 win.











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This season's first year





# PURPLE POCKET

Compiled by Katie Mitchinson



### MCPHARLIN MARKS FREMANTLE HERITAGE

FORMER PREMIER AND AVID Fremantle supporter Alan Carpenter has made a donation to the Fremantle Football Club which was accepted by CEO Steve Rosich.

Carpenter's gesture was to ensure a depiction of Luke McPharlin's 2005 AFL Mark of the Year was returned to the club to receive a position of pride and place at Fremantle's headquarters.

"I purchased the piece at a charity auction in 2006 and always had the intention of presenting it to the club at some stage," he said.

"Luke McPharlin is a great exponent of the high mark which I think is one of the greatest features of our game.

"Given that particular grab took out the mark of the year honours, I believe the piece has significance to it and the artwork is better belonging to the football club than hanging in my electorate office."

McPharlin won the award for his high-flying effort against West Coast in round 3 of the 2005 season and Rosich said the club was appreciative of the donation.

"Even though the club is only 15 years young, we are taking seriously the collection of our heritage and this particular piece will sit with pride alongside the other memorabilia that we are assembling at the club," he said.

"We are grateful that Alan has made this donation to the club and it will hold a position of pride and place here at Fremantle."

To add to its value, the work of art was commissioned for charity by veteran Channel 7 reporter and Fremantle devotee Alison Fan.

Fan painted McPharlin's 'Mark of the Year', which was auctioned at Celebri-Art in 2006. Carpenter paid \$2300 for the masterpiece, with all proceeds going to the Princess Margaret Hospital Foundation.  $\Phi$ 



**FREO'S NUMBER ONE KID!**JESSE DART spent his final

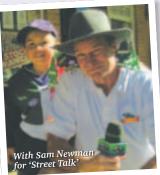
home game as our Number One Junior Ticket Holder as a roving reporter for FTV, after the club's emphatic round 21 win over Essendon.

Dart,
who was
unearthed
on *The*Footy
Show after
appearing
on its Street
Talk segment,
has been the
club's junior
ambassador for the
past two seasons.

During his tenure as
Freo's number one kid,
Dart has been a welcome
visitor to the club, as well
as having VIP access to club
events including the 2008
Doig Medal where he stole
the show on the red carpet.

Another highlight was when Jesse joined Mark Harvey in a team meeting and selected his 22 players for an upcoming fixture. In true Jesse-style, the selections came with plenty of cheek as he gave peptalks to selected players about how to play on their opponents!

The stint also saw Jesse



become a
weekly
fixture
on
92.9's
breakfast
show during
season 2008
in the lead up
to Fremantle
home games,
as well as
being a

With Nick Suban in round 21

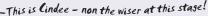
guest tipper in a number of football tipping competitions around town.

His Fremantle guernsey collection has also grown during his term with jumper numbers 10 (Palmer) and 5 (Ibbotson) being added to his original favourite 22, which is donned by Scott Thornton. He has claimed however that number 8 (Suban) and number 23 (Mayne) may get a run in season 2010.

Popular amongst staff and players, Jesse's endless energy and passion for the Fremantle Football Club has been a great journey for everyone who has been involved with him.

On behalf of the coaching staff and playing group, a huge thank you to Jesse for flying the flag for Fremantle. As Mark Harvey said, "Jesse – watch out in 2010!" \$\Phi\$







# **GAVIN IS ALL HART**

THE RICK HART game day in round 19 saw a 'Hartfelt' twist unfold, when a supporter took the Rick Hart banner competition to a passionate level.

But 24-year-old Gavin Caporn wasn't chasing the 42" LG HD Plasma television, which was up for grabs as first prize, thanks to Rick Hart.

He was eyeing the prize of a different kind... the hand-in-marriage from his long-time girlfriend and Fremantle member Cindee Allister, 24.

Gavin unveiled his banner to the game day cameras on the boundary which read 'Forever in my Hart, Cindee, will you marry me?'

Without further ado, Gavin raced up to Cindee, who was awaiting her Romeo in her seat, and he got down on bended knee... and the rest as they say – is history.

Gavin told *Docker* that whilst this sort of proposal was not the usual approach, he said he 'wowed' everyone with his story, especially Cindee, and that was all he was really worried about.

"Cindee said she was very surprised and very happy with the game day proposal – well, she said yes, didn't she?!

"It couldn't have gone any better and it's something we'll never forget."

The couple who have been together for eight years will celebrate their engagement during the off-season (December) and plan to tie-the-knot early in 2010.  $\Phi$ 



# **LUKE ROCKS THE GATE**

After taking the crown as the AFL's best musician in the "Footy Screamers" competition on Channel 9's *The Footy Show* in 2005, Luke McPharlin's music career was resurrected recently with a performance at The Gate Bar and Bistro.

McPharlin and his new band "The Rushed Behinds" put on an exclusive gig after The Gate purchased

# BE AT THE DOIG MEDAL COUNT

Last year saw Matthew Pavlich take home his fifth Doig Medal after another outstanding season for Fremantle, which also saw him receive his sixth All Australian selection.

Runner-up was Aaron Sandilands, who impressed the football world after imposing himself on the competition in season 2008, earning his first All Australian guernsey.

So, who will take the honours in 2009?

The 2009 count could come down to the wire this year with the break-out seasons of Paul Duffield and Chris Tarrant in the backline, as well as the consistent performances of Matthew Pavlich, Aaron Sandilands and Paul Hasleby throughout the season.

The other award worth witnessing will be the crowning of the club's best first year player, the Beacon Award.

With 11 debutants this season, the emergence of the first year players in Stephen Hill, Nick Suban and Greg Broughton will make for an interesting count, and a preface to what lies ahead for the club's exciting list.

Also acknowledged on the evening will be best Best Clubman, the WAFL Recognition Award, the Harbour Masters Award and the Past Players' and Officials Award.

Come along and enjoy a sumptuous three course meal and premium beverages as we take a look back on the season that was.

To book your place at your club's night of nights please contact the Events Department on **(08) 9433 7146**, or fill in the form on the address fly sheet that came with your magazine.  $\Phi$ 

Date: Friday 9 October 2009
Location: Burswood Grand Ballroom

Price: \$195 per person



the "McPharlin Unplugged" jam session at the Carlton Mid Gala Dinner Auction in June, with all proceeds going to the club's Community Development Program.

McPharlin's love of music was on display as he and his band members (including Matt Geary and Fremantle staffers Kasey Ball and Damien Carbon) pumped out a blend of popular rock covers from Jeff Buckley,

Diesel, The Choir Boys and many more.

McPharlin's serious musical side was also revealed when he sang an original song he penned called "Sundays", before the band finished off the night with the Hunters and Collectors classic "Throw your arms around me".

Look out for "The Rushed Behinds" over the summer months in and around some of Perth's top venues. \$\Pi\$



# THE MASTER & THE APPRENTICE

Aaron Sandilands' journey to mastering his craft as the AFL's most dominant ruckman began after the then 19-year-old won a spot on Fremantle's rookie list back in 2002. The arrival last year of another 200cm-plus teenager on the scene has the club's ruck stocks looking in fine fettle for the future. Story: Luke Morfesse

ITHIN DAYS of arriving at Fremantle from Victoria via the 2008 National Draft, Zac Clarke learnt that he would spend a couple of weeks living with Aaron Sandilands.

Recruited from the Oakleigh Chargers, the 19-year-old 203cm former basketballer was excited as much as he was daunted by the prospect of living 24/7 with a new team mate who'd recently been named in the 2008 All-Australian side.

"I was pretty nervous and, not knowing Aaron, I was pretty quiet for the first few days," he said.

"After a while I settled in pretty well and got to know the Big Guy... and basically whatever he did, I did."

"Coming from over east, it took a while to get used to everything and Aaron helped me a lot in that regard. He gave me a lot of tips on what he used to do in his early days at the club."

### **BANTER**

Clarke has since moved in with Sandilands' parents, Gary and Trudi, who have taken on the responsibility of being one of the club's host families.

"He's pretty happy at mum's now... she's a much better cook," Sandilands said.

"My parents saw it as a good opportunity to help out and they really enjoy it, plus my younger brother is still at home so there's a fair bit of banter between him and Zac."

But in those first few weeks, Fremantle's 211cm ruckman made it abundantly clear what was required to succeed at the elite level.

"I just tried to set an example by the way I train and go about things in terms of preparation," Sandilands said.

"It was more about leading by action rather than words and helping Zac get used to being at the club every day.

"How you prepare is really important, so when you first come into a club you really need to take stock of how other players prepare. You take bits and pieces from each one and work out what is best for you."

Sandilands recalled when he first arrived at the club as a raw but highly motivated 19-year-old, much like his current day protégé.

"When I first came to the club I was on the rookie list, so it was a great chance to have a crack for 12 months and see if I was good enough to secure a spot on the senior list," he said.

"Zac knows that he's got a great opportunity here at Freo... he's focused and knows where wants to go."

# **COMPETITIVE**

As the 'apprentice', Clarke knows that studying how his mentor has mastered the art of rucking will ensure that he gets there and has all the right 'tools of the trade', too.

"I watch 'Sandy' at training and every game he plays, so there's a lot I can take out of that and try to implement it in my own game," Clarke said.

With five AFL games under his belt, Fremantle's third round selection (pick 37 overall) at the 2008 National Draft dares to dream about securing a regular spot as second ruckman.

"I'd like to be doing it now but Kepler (Bradley) is playing the role pretty well," Clarke said.

"Next year, after a full pre-season, I'd like to play a few more games in tandem with Aaron and then set myself for more games in my third or fourth year here at the club."

According to ruck coach Earl Spalding, whose own AFL career spanned 11 years and included 109 games with Melbourne and 102 with Carlton, to be a really good footballer, regardless on what position you play, you need to be thinking about the game all the time.

"Zac certainly shows those signs. He's very competitive and his second efforts are really good. He's got a good tank... good aerobic capacity, so that means you know he works hard," Spalding said.

"He hasn't been daunted by anything we've thrown at him and he takes everything on board when you are coaching him, and gives it a lot of thought.

"He's got a confidence or a brashness about him that is a positive, and it will hold him in good stead down the track plus help him adjust to life at a football club."

September 2009 DOCKER fremantlefc.com.au



# Woodside ON BOARD AS MAJOR SPONSOR



ESTERN Australia's biggest publicly listed company Woodside Energy has signed on as a major sponsor of the Fremantle Football Club.

Fremantle chief executive officer Steve Rosich said that Woodside, which has been a corporate partner for the past four years, had agreed to a three-year major sponsorship through to the end of the 2012 AFL season.

On making the sponsorship announcement on 2 September, Rosich referred to comments made in a recent address by Woodside CEO and Managing Director Don Voelte on the company's humble beginnings more than 50 years ago.

"In his speech, Don talked about Woodside being the ultimate success story of the 'little guy' who aspired to be much more... the underdog who defied the odds and is still defying the odds today," he said.

"By defying the odds, Woodside became a proud West Australian company that is a leader in its field and a major player in Australia's multi-billion dollar liquefied natural gas industry.

"On behalf of our club I would like

to thank Don and his management team for the faith that they have shown in our club's strategic direction to secure sustained success and we look forward to a long partnership together as two proud Western Australian entities with hearts that aspire to be the best at what they do."

Voelte said that Woodside and Fremantle have "a lot in common".

"It took us a few years to get going, to get the success that we strived for, but having got there we think we've rewarded our supporters many times over," he said.

"Fremantle is yet to achieve the sustained success that it is striving for but we know the club will be rewarding its supporters in the future.

"I've only been at Woodside for fiveand-a-half-years, but in that time I've come to admire the Fremantle Football Club and I look forward to Woodside being a major supporter of the club for at least the next three years."

Woodside Vice President Tina Thomas, who has been with the company for more than two decades, said she knew how important it was for Woodside to be part of the Western Australian community. "Football is such an important part of our community, and I'm pleased that Woodside is able to extend its support for this great Australian activity," she said.

"I love sitting at the footy supporting Fremantle, and I'll love it even more with Woodside's name and logo on those Fremantle guernseys.

"Woodside has been a great company to me over the past 20 years, and I know we'll be a great company for the Fremantle Football Club."

Rosich said that the agreement with Woodside would see it join another proud company that also started with humble beginnings in WA, the Integrated Group, as the club's two major sponsors for season 2010.

"The Woodside Energy logo will feature prominently on the front of our traditional purple strip and on the back of our popular white clash strip – representing a joining of two proud Western Australian entities," he said.

"We also thank current major sponsor LG Electronics for their support over the past four years and we look forward to LG continuing to support Fremantle as a Gold Level sponsor in 2010."  $\Phi$ 



September 2009 DOCKER fremantlefc.com.au

# **SEASON 2009: ROUNDS 12 TO 15**

# **ROUND 12 v GEELONG**

Sunday 21 June 2009, Subiaco Oval, 2.40pm

Fremantle	2.4	4.5	9.7	11.9	75
Geelong	1.3	6.6	8.13	13.16	94

Goals: Pavlich 2 Kicks: Duffield 19 Handballs: de Boer, Pavlich, Sandilands 14

Disposals: Pavlich 31 Marks: Broughton 11 Tackles: Solomon 7 Crowd: 33,213





# **ROUND 14 v CARLTON**

Sunday 5 July 2009, Subiaco Oval, 2.40pm

Fremantle	6.2	9.7	13.8	15.10	100
Carlton	1.4	7.8	9.14	16.19	115

Goals: Ballantyne, McPharlin 3

Kicks: Grover 19 Handballs: Hasleby 17

Disposals: Broughton, Hasleby 31

Marks: Grover 16 Tackles: Suban 4

Crowd: 34,720

Milestones: David Mundy - 100 consecutive AFL games





# **ROUND 13 v COLLINGWOOD**

Crowd: 44,114

Saturday 27 June 2009, MCG, 12.10pm

Fremantle	2.2	7.3	11.5	13.7	85	
Collingwood	6.3	10.6	16.9	26.13	169	
Goals: Headland	Kicks: Duffield 15					
Handballs: Hasleby 23		Disposals: Hasleby 33				
Marks: Hasleby 1	Та	ckles: Br	oughton 5	5		

Debut: Hayden Ballantyne and Zac Clarke



# **ROUND 15 v ADELAIDE**

Saturday 11 July 2009, AAMI Stadium, 5.40pm

bataraay 11 bary 2007, 12 avii baaarani, 5. Topin					
Fremantle	0.1	0.1	1.5	1.7	13
Adelaide	5.4	10.9	12.14	19.16	130

Kicks: Duffield 20

Disposals: Broughton 30

Goals: Murphy 1 Handballs: Broughton 21

Marks: Broughton, Grover 8
Tackles: Solomon 8
Crowd: 32,451



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# **SEASON 2009: ROUNDS 16 TO 19**

# **ROUND 16 v BRISBANE**

Saturday 18 July 2009, Subiaco Oval, 5.40pm

**Fremantle** 2.3 47 4.4 6.5 7.5 1.1 7.7 9.8 62 Brisbane 3.3

Goals: Bradley 2 Handballs: Dodd 16 Marks: Duffield 7

Kicks: Duffield 21 Disposals: Ibbotson 27 Tackles: Mundy 7





# **ROUND 17 v WEST COAST**

Saturday 25 July 2009, Subiaco Oval, 2.10pm

7.9 10.11 **Fremantle** 3.4 6.8 71 1.4 5.9 8.18 66 West Coast 6.14

Goals: Ruffles, van Berlo 2 Kicks: Pavlich 15 Handballs: Hasleby 24 Disposals: Pavlich 36

Marks: Broughton, Dodd, Suban 6

Tackles: Pavlich 8 Crowd: 39,536

Debut: Jay van Berlo

Ross Glendinning Medallist: Aaron Sandilands



PREMIERSHIP SEASON

TRANSPORT INCLUDED



# **ROUND 18 v WESTERN BULLDOGS**

Saturday 1 August 2009, Docklands, 12.10pm

**Fremantle** 1.6 5.8 8.11 11.14 80 Western Bulldogs 5.2 12.4 14.6 17.9 111

Goals: Mayne 3 Kicks: Broughton 18 Handballs: Broughton 15 Disposals: Broughton 33 Marks: Broughton 11 Tackles: Dodd 7

Crowd: 19,065

# **ROUND 19 v PORT ADELAIDE**

Sunday 9 August 2009, Subiaco Oval, 2.40pm

**Fremantle** 7.2 11.7 15.11 17.14 116 Port Adelaide 2.2 4.4 6.5 11.8

Goals: Mayne 4 Handballs: Broughton 23 Marks: Broughton 11

Crowd: 30,029

Kicks: Duffield 22 Disposals: Broughton 37 Tackles: Grover 7





# SEASON2009:ROUNDS20T022



# **ROUND 20 v MELBOURNE**

Sunday 16 August 2009, MCG, 11.10am

Fremantle	3.4	4.7	6.9	9.10	64
Melbourne	4.0	9.4	13.5	20.7	127

Goals: McPharlin 3 Handballs: Hasleby 20 Marks: Bradley 7 Crowd: 13,004 *Kicks*: Duffield 16 *Disposals*: Hasleby 27 *Tackles*: de Boer 6





# **ROUND 21 v ESSENDON**

Sunday 23 August 2009, Subiaco Oval, 2.40pm

Fremantle	4.2	9.6	15.11	21.15	(141)
Essendon	3.2	5.3	9.8	13.9	(87)

Goals: Ballantyne 4 Kicks: Suban 16

Handballs: Mundy 14

Disposals: Bradley, Pavlich, Suban 25

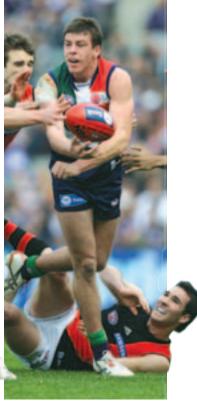
Marks: McPharlin 10 Tackles: de Boer 8

Crowd: 32,413

Milestones: Luke McPharlin 150 AFL games NAB Rising Star nomination: Nick Suban











# **ROUND 22 v GEELONG**

Saturday 29 August 2009, Skilled Stadium, 11.10am

Fremantle	1.2	2.2	5.4	8.6	(54)
Geelong	5.1	9.3	11.6	14.10	(94)

Goals: Ballantyne, Bradley, Broughton, Headland, Hill, Mayne, Pavlich, Tarrant 1

Kicks: Bradley 12

Handballs: Dodd, Hasleby, Sandilands 10
Disposals: Pavlich 19
Marks: de Boer 8

Tackles: Drum, Pavlich 8

Crowd: 18,196

# MANIES 100 CANES



DAVID MUNDY WROTE HIMSELF INTO THE HISTORY books after he achieved a magical milestone feat in club record time against Carlton at Subiaco Oval in Round 14.

Mundy became just the eighth player in VFL/AFL history to play 100 consecutive games from debut, behind leader Jared Crouch (Sydney Swans) who played 194 straight games after his AFL introduction.

Mundy joins an impressive group that includes:

Jared Crouch (Sydney): 194, 1998-2006 John Murphy (Fitzroy): 158, 1967-74 Dick Taylor (Melbourne): 127, 1922-29 Steven Wallis (Footscray): 113, 1983-87 Shane Woewodin (Melbourne): 107, 1997-2001 Ian Law (Hawthorn): 100, 1960-65

Ian Law (Hawthorn): 100, 1960-65 Allan Woodley (Hawthorn): 110, 1954-59

Mundy, who made his debut against Melbourne in round 6, 2005, said he had never had a major injury and the most football he had ever missed in junior ranks was two weeks with a niggle.

The achievement took Mundy four years and 66 days, therefore he also takes the mantle of being the Fremantle player to reach 100 games from debut in the fastest time.

Previously that honour was held by Matthew Pavlich, who took four years and 100 days, followed by:

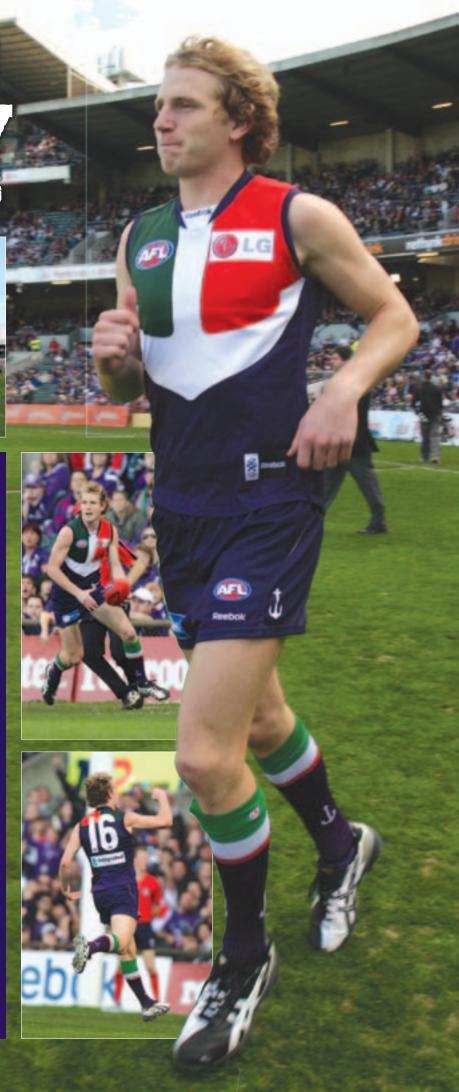
Paul Hasleby – four years, 115 days Justin Longmuir – five years Aaron Sandilands – five years, 35 days Shane Parker – five years, 42 days

James Walker – five years, 239 days

Daniel Bandy – six years, one day

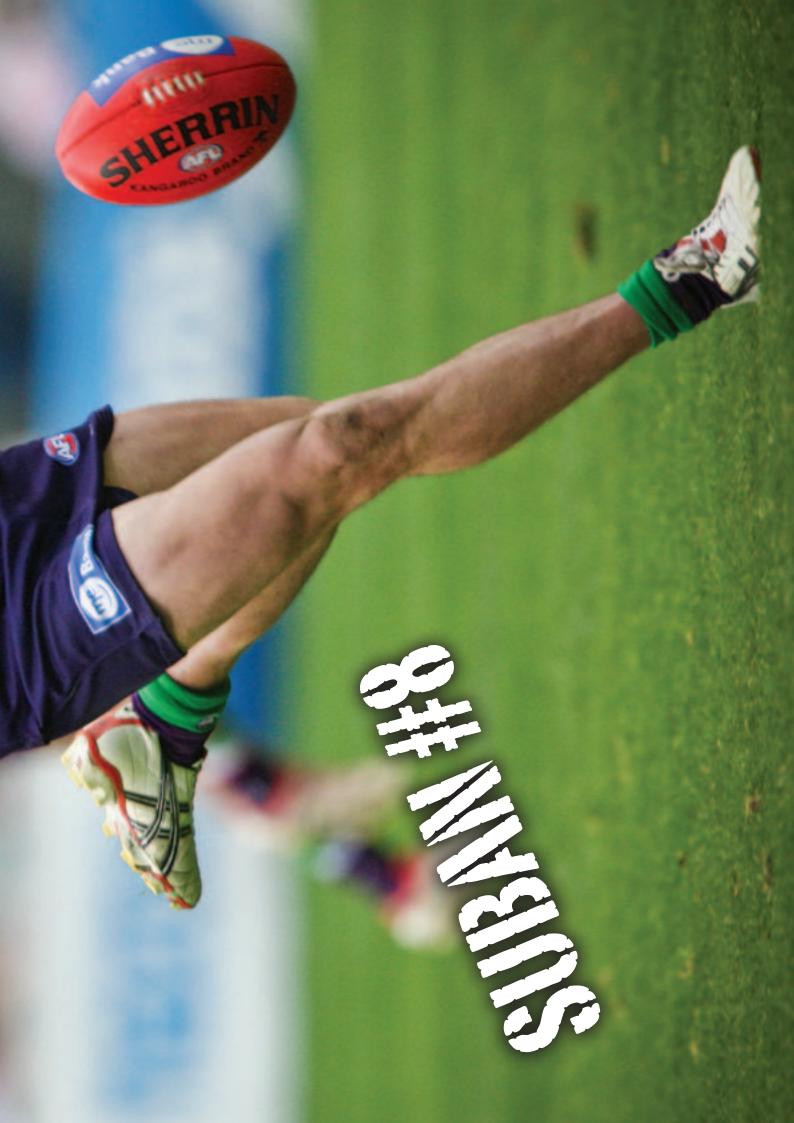
Congratulations to David, who finishes

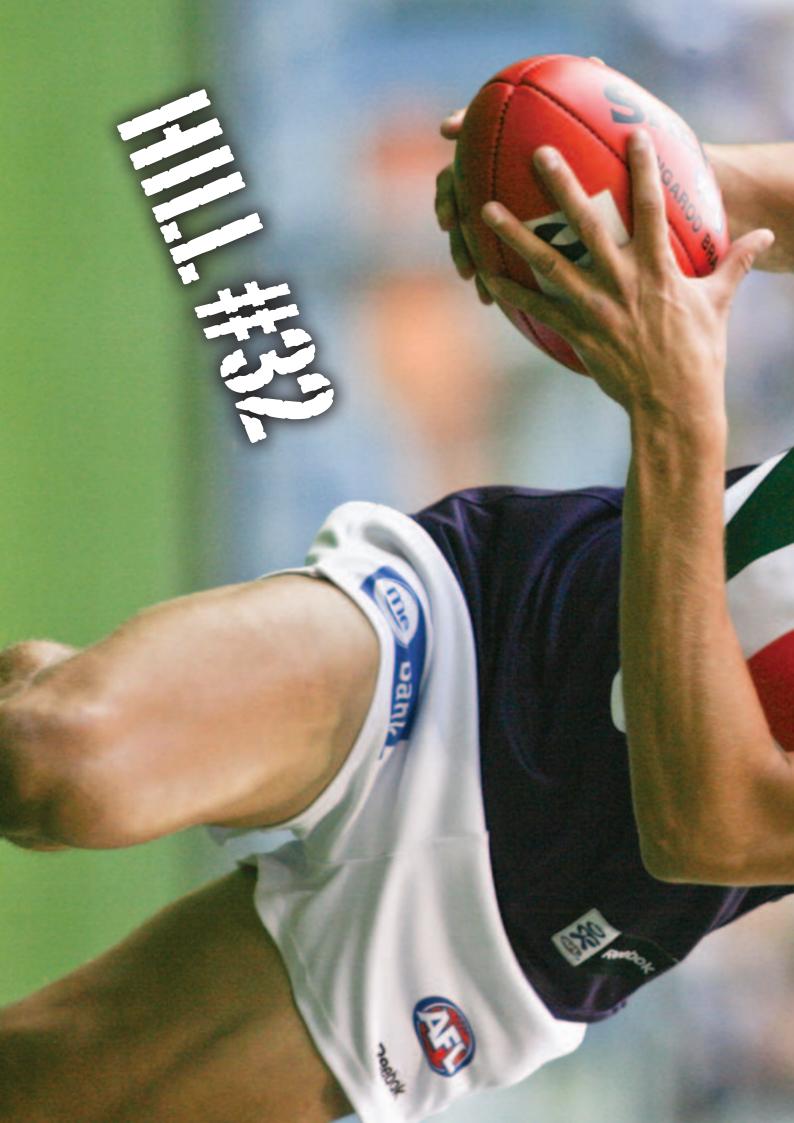
Congratulations to David, who finishes the season on 108 consecutive games.













LUKE McPHARLIN PLAYED HIS 150th AFL GAME against Essendon at Subiaco Oval in round 21.

McPharlin debuted for Fremantle in 2002 after being traded back to his home state after two seasons and 12 games with Hawthorn.

McPharlin has carved a name for himself as one of the finest defenders in the AFL but has shown he can be just as reliable at the other end of the ground. Playing as a key forward on several occasions, McPharlin has kicked more than 100 career goals.

While football has been just one part of his life throughout his 10 years in the game, Luke said he was grateful for the journey and proud of what he's achieved.

"To get to 150 has been a terrific journey and something I am really proud of," said McPharlin.

McPharlin was plucked from high school football by Hawthorn in 1999 and says that football has been "a tremendous part" of his life, but he has always set out to keep things balanced and in perspective.

- "Despite it being quite an overwhelming sport, I've tried to keep a level head about it and appreciate that it is just a game after all," he said.
- "I think players should get involved in other aspects of life because it is critically important, and I've always been a great believer that you need a mental break from football.
- "I pursue studies, music and other aspects, and I think it benefits my football."

The 'smoky' of the 1999 national draft, the Hawks selected McPharlin with pick No.10, despite him not playing at colts level in the WAFL, or attending that year's draft camp.

A severe bout of osteitis pubis struck him down during his time at Hawthorn and McPharlin wasn't sure if the hurdle could have been overcome.

- "There were a couple of times where I thought I would struggle to continue my football at the AFL level, just getting my body right," he said.
- "But I thank a lot of people for helping me along the journey, in particular our esteemed club physio Jeffrey Boyle, who has been absolutely critical for me.
- "He basically took me back to scratch and built up my core stability and allowed time for everything to sort of right itself."

McPharlin says he is proud of his career to date and hopes there are a few more years left for him at Fremantle.

- "Ideally I'd like to play for a few more years, provided everything goes well," he said.
- "We've had our ups and downs at Fremantle, but I've certainly enjoyed playing here and I am looking forward to the season ahead."





# Rick Hart has decided to lift anchor and sail away from his eight-year tenure as President of the Fremantle Football Club. Story: Katie Mitchinson

RICK HART advised players, coaches and staff in August that he is to stand down as president of the Fremantle Football Club on 30 November 2009. Hart, who was appointed president in 2002, said on handing over the mantle to Steve Harris that he was immensely proud of the club and considered his term as a privilege.

"Steve Harris will be taking over as president at a time when we are all very positive about the future of the club, both on and off the field," he said.

"In the past 12 months there has been significant change at the club, which I am confident will deliver our goal of achieving sustained on-field success."

Harris, a 43-year-old father of two, is the managing director of The Brand Agency, Perth's most successful advertising agency with a client list that includes Bunnings, RAC, Channel Nine, *The Sunday Times*, Alinta and Curtin University.

A former Murdoch University senator who has been a Fremantle member since 2001, Harris was first appointed to the club's board in 2008.

Harris said he was honoured by his appointment as the club's fourth president.

"There has never been a better time to be involved with the Fremantle Football Club," he said. "It's a great privilege to be given this opportunity, which to me is the best job in the AFL."

Fremantle Chief Executive Officer Steve Rosich paid tribute to Hart and what has been achieved since he joined Fremantle.

"On appointing Rick as the President, the club needed a person with the energy, commitment and dedication to help the club grow," Rosich said.

"He has been fantastic for our football club, showing great passion for the club and our supporters, and has worked tirelessly to help this club every step along the way, always above and beyond what would normally be expected of a president.

"Today our club stands profitable with one of the highest club memberships in the competition, record commercial support and is a valuable contributor to our community.

"Rick has played a pivotal role in getting our club to this position and he should be very proud of what he has contributed to the club over such a long period of time," he said.

Rosich also paid tribute to Tony Buhagiar, who announced he would not seek re-appointment to the board when his current term expires on 30 November. "Tony was first appointed to the board in 2000 and during his 10year tenure has made a significant contribution to our club," he said.

"We are all extremely grateful for his contribution and I thank Tony for the time and selfless effort he has put in during that period."

The club also announced the appointment of two new board members, both of whom have played sport at the elite level and are well credentialed in the commercial world.

Stephen O'Reilly, a foundation player with the Fremantle Football Club who played 98 games between 1995 and 1999, and dual Olympic hockey gold medallist Jenn Morris have been appointed for three-year terms, commencing 1 December.

Wesfarmers managing director and chief executive officer Richard Goyder has also been re-appointed for a further three-year term.

As of 1 December 2009, the Fremantle board will include five board members who were appointed in the past 12 months in Steve Harris, Grant Donaldson, Jenn Morris, Stephen O'Reilly and member-elected director Kate Grieve.

Their fellow board members include Ben Allan (member elected 2005), Richard Goyder (2006) and Brian O'Donnell (2006). ↓

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# **SEASON 2009: STATISTICS**

# STATISTICS AFTER ROUND 22

Ladder Position: 14th

Ave Winning Margin: 23.66 pts

Ave Losing Margin: 40.87 pts

Ave Score For: 79.4 pts

Ave Score Against: 102.68 pts

Played all 22 games: Steven Dodd, Paul Hasleby, Garrick Ibbotson, Stephen Hill, David Mundy, Nick Suban, Chris Tarrant

# **PREMIERSHIP LADDER 2009**

Pos	Team	P	W	L	D	F	Α	%	Points
1	St Kilda	22	20	2	0	2197	1411	155.71	80
2	Geelong Cats	22	18	4	0	2312	1815	127.38	72
3	Western Bulldogs	22	15	7	0	2378	1940	122.58	60
4	Collingwood	22	15	7	0	2174	1778	122.27	60
5	Adelaide	22	14	8	0	2104	1789	117.61	56
6	Brisbane Lions	22	13	8	1	2017	1890	106.72	54
7	Carlton	22	13	9	0	2270	2055	110.46	52
8	Essendon	22	10	11	1	2080	2127	97.79	42
9	Hawthorn	22	9	13	0	1962	2120	92.55	36
10	Port Adelaide	22	9	13	0	1990	2244	88.68	36
11	West Coast Eagles	22	8	14	0	1893	2029	93.30	32
12	Sydney Swans	22	8	14	0	1888	2027	93.14	32
13	North Melbourne	22	7	14	1	1680	2015	83.37	30
14	Fremantle	22	6	16	0	1747	2259	77.34	24
15	Richmond	22	5	16	1	1774	2388	74.29	22
16	Melbourne	22	4	18	0	1706	2285	74.66	16

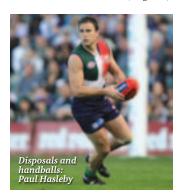
# **THE TOP 5s**

### Kicks

	Total/Ave Per Game
Paul Duffield	330
	15.71 (21 games)
Matthew Pavlich	237
	12.47 (19 games)
Garrick Ibbotson	234
	10.63 (22 games)
David Mundy	217
	9.86 (22 games)
Byron Schammer	209
	11 (19 games)

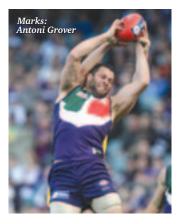
### Handballs

Hunubuna	
	Total/Ave Per Game
Paul Hasleby	328
	14.9 (22 games)
Steven Dodd	215
	9.77 (22 games)
Aaron Sandilands	205
	10.25 (20 games)
Byron Schammer	196
	10.31 (19 games)
David Mundy	194
-	8.18 (22 games)



# Disposals

_	Total/Ave Per Game
Paul Hasleby	533
	24.22 (22 games)
Paul Duffield	474
	22.57 (21 games)
Matthew Pavlich	413
	21.73 (19 games)
David Mundy	411
	18.68 (22 games)
Garrick Ibbotson	406
	18.45 (22 games)



Total/Ave Per Game

### Marks

Antoni Grover

David Mundy

Brett Peake

Des Headland

	5.57 (21 games)
Garrick Ibbotson	110
	5 (22 games)
David Mundy	110
	5 (22 games)
Luke McPharlin	102
	5.66 (18 games)
Paul Duffield	98
	4.66 (21 games)
Tackles	, , ,
Tuckies	T-+-1/A D C
D C . 1	Total/Ave Per Game
Dean Solomon	87
	4.83 (18 games) 79
Byron Schammer	, ,
D1 D CC: .1.1	4.15 (19 games)
Paul Duffield	76
3.61 D. 11.1	3.61 (21 games)
Matthew Pavlich	72
	3.78 (19 games)
David Mundy	69
	3.13 (22 games)
Goals	
	Total/Ave Per Game
Matthew Pavlich	28
	1.47 (19 games)
Luke McPharlin	20

### Hitouts

IIIIOMIO	
	Total/Ave Per Game
Aaron Sandilands	659
	32.95 (20 games)
Kepler Bradley	75
	5.35 (14 games)
Zachary Clarke	35
*	7 (5 games)
David Mundy	19
	0.86 (22 games)
Michael Johnson	14
	1.4 (10 games)

200 AFL games, Round 2 v Essendon,

### **2009 Milestones** Chris Tarrant

5 April 2009 Antoni Grover 150 AFL/FFC games, Round 4 v St Kilda, 18 April 2009 Matthew Pavlich 200 AFL/FFC games, Round 6 v West Coast, 2 May 2009 Roger Hayden 100 AFL/FFC games, Round 9 v North Melbourne, 23 May 2009 Dean Solomon 200 AFL games, Round 10 v Richmond, 30 May 2009 David Mundy 100 AFL/FFC games, Round 14 v Carlton, 5 July 2009 Luke McPharlin 150 AFL games, Round 21 v Essendon,



### 2009 Debuts Nick Suban

Round 1 v Western Bulldogs, 29 March 2009 Stephen Hill Round 1 v Western Bulldogs, 29 March 2009 Greg Broughton Round 3 v Adelaide, 12 April 2009 Matthew de Boer Round 6 v West Coast Eagles, 2 May 2009 Luke Pratt Round 7 v Carlton, 9 May 2009 Michael Walters Round 11 v Port Adelaide, 6 June 2009 Clancee Pearce Round 11 v Port Adelaide, 6 June 2009 Zachary Clarke Round 13 v Collingwood, 27 June 2009 Hayden Ballantyne Round 13 v Collingwood, 27 June 2009 Tim Ruffles Round 15 v Adelaide, 11 July 2009 Jay van Berlo Round 17 v West Coast, 25 July 2009

### **First AFL Goal** Nick Suban

Round 1 v Western Bulldogs, 29 March 2009 Stephen Hill Round 1 v Western Bulldogs, 29 March 2009 Greg Broughton Round 19 v Port Adelaide, 9 August 2009 Matthew de Boer Round 6 v West Coast, 2 May 2009 Michael Walters Round 11 v Port Adelaide, 6 June 2009 Clancee Pearce Round 11 v Port Adelaide, 6 June 2009 Hayden Ballantyne Round 14 v Carlton, 5 July 2009 Tim Ruffles Round 17 v West Coast, 25 July 2009 Jav van Berlo Round 17 v West Coast, 25 July 2009

### Club Records

David Mundy 100 consecutive AFL games for Fremantle from debut in the quickest time (100 games from Round 6, 2005 to Round 14, 2009 in four years and 66 days)

# **MEMBERS**

# **IMPORTANT CONTACTS**

Your membership team is here to help so please call, email or come and visit us if you have any issues, queries or concerns.

# **Membership Services Centre**

Phone: (08) 9433 7111 (1300 88 20 77 for interstate or country callers) Fax: (08) 9433 7002

### Email:

membership@fremantlefc.com.au Address: Fremantle Oval, Parry Street, Fremantle WA 6160

# Latest club news and information

To keep in touch with the latest information about the club go to www.fremantlefc.com.au

The Membership Services
Team sends exclusive emails
to members with the most
up-to-date club and player
news, event information and
Team Store member-only
discounts.

Please keep your personal information up to date. Give the Membership Services Team a call or email membership@fremantlefc.com.au to update your details.





### A MESSAGE FOR OUR LOYAL MEMBERS

On behalf of the entire playing list and the coaching staff we'd like to thank you all for your ongoing support in season 2009.

With the emergence of some of our first year players such as Stephen Hill, Nick Suban and Greg Broughton, we are sure that you, like us, have enjoyed the excitement that these guys have pumped into the club this year.

It has been a challenging year and we appreciate your support throughout the season.

As members you are the lifeblood of our club and your passionate support is vital to our existence. We look forward to your continued support and you being a part of our drive to achieve sustained

On behalf of everyone at the club, thank you once again for all of your ongoing support.

We look forward to a big pre-season and an exciting 2010.

Thank you

# The 2009 Leadership Group

(Matthew Pavlich, Aaron Sandilands, Antoni Grover, Des Headland and Luke McPharlin)

# LOUD AND PROUD

THE CLUB sincerely thanks all our proud, loyal and passionate Supporter Groups for their efforts during the 2009 season.

Special mention must go to the following groups who have once again flown the flag for our club this season:

### THE SIRENS

This passionate group of women in football got together throughout the season for a variety of fun, social and fundraising activities. Special thanks to Diane Meakins and the committee for their enthusiasm and dedication this year.

# THE HARBOUR MASTERS

Our inaugural Supporter Group whose efforts assisted the club's creation and they are still going strong. Thank you to June McDonald and the rest of the committee.

# FREMANTLE CHEER SQUAD AND BANNER CREW

We are proud to have the best cheer squad in the AFL.



Thank you Dawn and the team for your passionate support at Subiaco Oval.
Thanks also to Maria Giglia and the banner crew for your artistic flair on our banners.



# VICTORIAN CHEER SQUAD AND BANNER CREW

With a team that plays interstate every second week it is fantastic to have a loyal group of supporters at the away games. Always significantly outnumbered, our interstate supporters never fail to maintain their purple passion and proudly represent the club. Special thanks to Tony Kiers and Nicole Hambling for their efforts this year. Become a member of the club's Interstate Supporter Groups in 2010.

# REGIONAL SUPPORTER GROUPS

Thank you to the growing band of members based in regional WA from the Peel region, Collie, Bunbury (South West) and Esperance. Your efforts to organise transport to and from every home game, as well as fundraising for your local community is greatly admired. If you live outside of the Perth metro area and would like to come to the football with a bus load of like-minded Fremantle fans please call **08 9433 7111**.

# THE FREO MOB

Thank you for partnering with the club to run our Away Game Functions this season where a range of players and officials were involved including, Antoni Grover, Michael Johnson, Roger Hayden and CEO Steve Rosich. For more information visit www. wehavethepassion.com

On behalf of everyone associated with the club, thank you to those members who were part of our Supporter Groups this year.

We look forward to a successful and exciting season in 2010 and can't wait to see you all at the football again next year.

For more information on how to become involved in any of the above supporter groups, please contact the club on **08 9433 7111.** \$\psi\$

PROUD

LOYAL

PASSIONATE

# mbf - LOOKING AFTER MEMBERS

MBF Health is pleased to offer Fremantle members a discount on their health cover.

JOIN THE Fremantle Football Club Health Plan and save an average of 11 per cent on your private health insurance with MBF HealthLink Products\*.

President Rick Hart is a member of MBF Health and he endorses the plan.

As a member, he is able to receive up to 90 per cent back† on selected services from MemberCare providers, including general and preventative dental,

of different programs and offers that show practical ways to improve your health and wellbeing via MBF Health's in2life.

To join Rick Hart and over two million other MBF Health members

optical‡, physiotherapy

and chiropractic. He is

also able to access a range

MBF Health members in Australia, call 1300 653 525 or visit your local MBF Retail Centre in Perth or Karrinyup for further details.  $\Phi$ 

†Up to the limits of your cover. ‡On selected optical appliances.

\*11% saving is the national average saving of the MBF HealthLink products when compared with the equivalent retail products based on premiums as at 1 April 2009. The level of savings depends on the state you reside in, the product and the excess you select. New Bupa Australia members only when you pay by direct debit. Only available to Fremantle Football Club members and employees when you join the Fremantle Football Club Health Plan. All plan benefits including the discount are reviewed annually and may be subject to change. MBF Australia Pty Limited ABN 81 000 057 590.



# RICK HART PRIVILEGE CARD

THANKS TO RICK HART, Fremantle members can now enjoy exclusive offers at your local Rick Hart store!

The privilege card attached to your copy of this *Docker* magazine entitles you and your friends to an exclusive COST + 5 per cent promotional offer at any Rick Hart store.

All you need to do is present this card in store to receive your discount. The card is valid until 31 December 2009.

Terms and Conditions apply. See the back of your card for full details.  $\dot{\Phi}$ 

# SUPPORTING THE COMMUNITY

THE ANNUAL Community Development Program Raffle is closing soon with all funds raised supporting the club's Community Development Program which centres on implementing long term community-based programs.

First prize includes a fantastic Mazda 2 Neo Hatch with FFC personalised number plates, a 32 inch LG LCD TV plus a \$1000 Westfield shopping voucher with a total value of \$19,479. Other prizes include an LG Electronics Home Essentials Package, a 2010 AFL Grand Final Package for two and a rare opportunity to watch a Fremantle home game in 2010 from the coaches' box.

In this year's raffle, there is an opportunity to win an eight seat VIP Corporate Box for a Fremantle selected game in 2010 in the Book Buyers prize draw which is open to people who purchase all 10 tickets in the raffle book.

The raffle tickets are just \$5 each and will be on sale until 14 October 2009. Please note that in accordance with the Department of Racing Gaming and Liquor regulations, we are accountable for all raffle tickets. As such, we request that you return any sold or unsold raffle books as soon as possible.



Thank you to everyone for their efforts in selling tickets so far. The raffle will be drawn on 28 October 2009 and the results published in *The West Australian* on 4 November.



**Proud Platinum Sponsor of the Fremantle Football Club** 

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# WELCOME TO THE PURPLE PATCH!

We asked our supporters to email us photos for 'The Purple Patch' at **purplepatch@fremantlefc.com.au** and we have been inundated with some fantastic shots! Here are some of the great entries sent for this edition of *Docker*.

# OTHER SIDE OF THE WORLD

Here I am in Norway, an avid Fremantle fan with no footy and only some highlights on Eurosport each Monday.

All the Europeans are confused by our wonderful sport and even more so with my massive range of purple clothing, which my mother-in-law sends me each year for my birthday and Christmas.

This is my son Mitchell and I at the Guinness Factory, Dublin, Ireland in May.

So how about awarding me the number one fan on the other side of the world?

GO DOCKERS! Dean Knowles, Norway





# FOR BETTER...

This is a photo of my wife Karen and I on our wedding day in May. Our reception was held at Waters Edge Estate in South Guildford.

With so many relatives that support the Eagles it was a good laugh having the Fremantle cake on display, especially as we had given them a good hiding in the round 6 derby the previous week. Tony Baker, West Leederville



# FREO'S NEW MASCOT

This is a photo of my dog Lewie, he is five. We are both big Freo fans!

Go Freo! Samara Muhlhan, 7, Mandurah



# **GRUDGE MATCH**

When Fremantle and West Coast were going head to head in round 17 in the West, nearly 50 Western Australians who live in Melbourne were playing their own version of the Carlton Mid Derby.

What makes this derby different is that the game was divided along expatriate Sandgroper lines, Fremantle and West Coast. The two teams, the East Coast Eagles and the Fitzroy Dockers, played for the 4th annual Grudgematch Trophy.

The grudge match is an annual exhibition played in Melbourne on the day of the second Carlton Mid Derby every year and features football mad West Aussies who honour the WA derby by staging their own clash, albeit a slightly less skilful spectacle.

The Fitzroy Dockers made it a Fremantle-double that weekend, taking the honours with a 2-point victory. *Leigh Josey, Melbourne* 



# IN THE USA

I was in the states a while ago on my honeymoon and could not resist making the most of photo opportunities at the Grand Canyon, Statue of Liberty and in the Securities Council of the United Nations.

Here is a photo of me at the Grand Canyon.

Go Dockers!

Joe Iammarrone, Fremantle



# **FLYING THE FLAG**

We are proud Fremantle Football Club members!
We took the Fremantle flag to the Mt McKinley
Glacier in the Denali National Park in Alaska in May.
Go Fremantle!

Lorraine and Peter Donaldson, Cooloongup



# **BECAUSE WE'RE PURPLE**

This is a photo of our grandsons with Johnny 'The Doc' Docker at the club's Family Fun Day at Adventure Would.

Their names are Liam (8) and Cayden (5), they are mad Fremantle fans and enjoy going to the game. They are unbelievably vocal while watching the game just like their Dad and Poppy.

Bob Carmody, Donnybrook



# **SIENNA, THE BRAVE!**

I am your number one fan and I love all of the players!

I come from Warrnambool in Victoria and I went to Geelong last year to see you.

I can't wait until next year to be a member in Perth and see all of your games!

GO FREO! Sienna Patchett, Warrnambool



# **PURPLE SPEED**

This is my daughter's 25 hp race boat that she started competing in this year.

Our family are all members and Renae has been the longest member of us all.

Her brother Steven also races boats and karts and is current club champion of both sports.

When he offered to purchase a second race boat so that Renae could race, she couldn't wait to re-paint it with her favourite colour scheme... the huge silver anchor really stands out!

John Summerfield, Huntingdale



# **SMALLEST DOCKER**

This is a picture of our new son Dylan on his second day at home. He is one of the smallest Docker supporters and his outfit is actually dolls clothes.

When this photo was taken he weighed in at 1805g - 3<u>lb 15½0z.</u>

Hopefully he can grow a bit and play for the Dockers one day. Tab and Tye Johnson, Armadale



# **HMAS RECRUIT**

My daddy is from Perth and even though we live in Melbourne, we follow the Dockers!

I am a HMAS member and love wearing my singlet when I watch the games and cheer on the players!

I think my favourite player is Stephen Hill because we joined the team about the same time! Abigail Chapman, Melbourne



# "DOCKERMOBILE"

We spread the Fremantle passion in Albany and Broomehill by showing off the "Dockermobile".

Some like it, some hate it, but we love it!

So do the kids at Little Grove Primary School in Albany. We all think the future looks bright for Freo.

Esmond, Lisa and the Delaney family, Little Grove



Fremantle's Live the Dream program, which is proudly supported by BHP Billiton Iron Ore, saw 16 lucky young men live the life of an AFL footballer at the Fremantle Football Club for six days. Story: Katie Mitchinson



THE LIVE THE DREAM initiative offers participants the opportunity to develop skills and behaviours that can deliver long term benefits to themselves and their local communities, while also having the chance to immerse themselves in the culture of the Fremantle Football Club.

"The Fremantle Football Club, in conjunction with BHP Billiton Iron Ore was thrilled to be able to offer this once in a lifetime opportunity to these individuals," Community Development Manager David Crute said.

"To witness the participants grow in confidence throughout the week from the experience is a real feather in the cap for everyone involved in this remarkable program."

Over the week the participants also took part in specialised physical conditioning and injury prevention



sessions with the club's sports science staff, interactive sessions on nutrition, media training, player welfare and player recruitment, a training session with Fremantle coaching staff, leadership and a team building session with the Royal Australian Navy (RAN) including a tour on the HMAS *Waller*, senior team match day involvement and a post game recovery session.

# **LIFE CHANGING**

"They walk away as different people from when we first meet them and you only have to speak to them about the week to recognise how much they get from the experience with the Fremantle Football Club."

The 16 lucky participants were selected from a large range of nominations by a panel consisting of



Fremantle Football Club staff and BHP Billiton Iron Ore staff. Nominations were sought through BHP Billiton Iron Ore, junior football clubs, the City of Fremantle, schools, or from Eastern States Partner Clubs of the Fremantle Football Club.

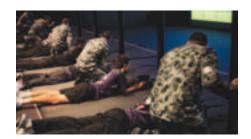
The 16 participants in the BHP Billiton Iron Ore 2009 Live the Dream program were:

- · Lou-Ayy Rapie, South Hedland
- Bradley Podmore, South Hedland
- Jarrad Darcy, Geraldton
- James Ryan, Wanneroo
- Gregory Cross, Spalding
- Zane Sailor, South Hedland
- Lugman Salby, South Hedland
- Jake Caffieri, Morley
- Josh Hooper, South Hedland
- · Michael Porter, South Hedland
- Brent Jordon, East Doncaster, Victoria

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\*\*They walk away as different people from when we first meet them and you only have to speak to them about the week to recognise how much they get from the experience with the Fremantle Football Club.\*\*



- · Sam Edwards, Leeming
- · Ferdi Louw, South Hedland
- Benjamin Wagner, South Hedland
- William Grant, East Fremantle
- Mitchell Warren, Landsdale

# **CHALLENGE AND REWARD**

Brent Jordan, 15, who travelled from Melbourne to take part in this year's Live the Dream program, said it was a great experience.

"Going to the naval base was probably the most challenging part, both mentally and physically," he said.

"You also don't realise how full on the week is for the players and how much stuff they have to go through when you just watch the footy on TV.

"It was also really interesting to see what the players programs are like when they are injured and we got to see what they do so they can get their



body back in shape and playing again.

"I had the best week at the club for Live the Dream and made some new mates too."

Everyone at the Fremantle Football Club would like to thank those who played a part in delivering the program this year.

"Well done to everyone involved with the Live the Dream program this year," said Crute.

"The program is vastly different to the everyday kind of activities and clinics the club facilitates.

"I know the player mentors also take a lot from it because it's something they can have a direct and real impact on with these kids.

"They were really positive in preparing for their roles and gained a lot out of their involvement in the program," he said.



Live the Dream is designed to develop teamwork and leadership skills, develop problem solving skills under pressure, provide participants with experiences that take them outside of their comfort zone and develop skills that participants can take back to their local community and pass onto their peers.

The intensive six day program saw each participant appointed a mentor from the Fremantle player group who guided and assisted them throughout the week. The players included Paul Hasleby, Des Headland, David Mundy, Ryan Murphy, Chris Tarrant, Antoni Grover, Michael Johnson, Clayton Hinkley and Brock O'Brien.

Aaron Sandilands was this year's ambassador for Live the Dream. \$\ddot\$ Navy images by Jose Garcia, Apogee Photography

fremantlefc.com.au DOCKER September 2009

# 2009 **Skills 45chools** WINNERS

HE COMMUNITY
Development Program
Skills4Schools
Grand Finals were held
as the curtain-raiser to
Fremantle's round 19 win
over Port Adelaide.

More than 200 primary school children from around WA converged on Subiaco Oval to contest the Freo Kwik Kick, Freo Fast Ball and Freo Long Bomb grand finals.

The skills based activities all come under the Community Development Program's Skills4Schools banner, with each program encouraging enjoyable competition while at the same time promoting school spirit and participation in sport.

Congratulations to all the students who participated in the Skills4Schools Grand Finals and well done to the winners.

The 2009 Skills4Schools winners are:

### **KWIK KICK WINNERS**

# GIRLS YEAR 4/5

Winner: Zoe Fourneau and Emma Fourneau, Forest Crescent PS (26 kicks)

Runner-up: Sophie Fidoe and Tatum Gittins, Secret Harbour PS (15 kicks)

# **BOYS YEAR 4/5**

*Winner:* Justin Diamond and Mitchell Barry, St John's PS (53 kicks)

**Runner-up:** Jayden Mews and Jordan Saccoccio, Landsale PS (51 kicks)

# GIRLS YEAR 6/7

*Winner:* Amy Ehlers and Melissa O'Connor, Halidon PS (20 kicks)

Runner-up: Tahliya Norman and Fransien Snyman, Secret Harbour PS (12 kicks)

# **BOYS YEAR 6/7**

*Winner:* Oliver Parish and Aaron Senzion, Richmond PS (43 kicks)

*Runner-up:* Connor Engelbrecht and Aden Dielesen, Aranmore College (42 kicks)

# **LONG BOMB WINNERS**

# GIRLS YEAR 4/5

*Winner:* Kirralee Shepperd, Lathlain PS (23.7 metres)

**Runner-up:** Khloe Hicks, Campbell PS (21.7 metres)

# **BOYS YEAR 4/5**

*Winner:* Lucas Allendar, Forest Crescent PS (35.2 metres)

**Runner-up:** Harrison Webster, Aranmore College (32.4 metres)

# GIRLS YEAR 6/7

*Winner:* Kaitlyn Beaton, Weld Square PS (30.6 metres)

Runner-up: Jasmine Rule-Watson, Secret Harbour PS (30.4 metres)

# **BOYS YEAR 6/7**

*Winner:* Nathan Lazzarini, Cannington CC (40.1 metres)

Runner-up: Aden Dielesen, Aranmore College (37.8 metres)

# **FREO FAST BALL WINNERS**

# GIRLS YEAR 4/5

*Winner:* Secret Harbour Primary School

**Runner-up:** Assumption Primary School

# **BOYS YEAR 4/5**

Winner: Aranmore College
Runner-up: Assumption Primary
School



# Community Development Program

in partnership with





# GIRLS YEAR 6/7

Winner: Secret Harbour Primary School

Runner-up: Assumption Primary

# **BOYS YEAR 6/7**

*Winner:* Secret Harbour Primary School

**Runner-up:** Quinns Rock Primary School

Congratulations to all our Skills4Schools participants this year and the winners.

Thank you also to the schools, teachers and parents for their support of the 2009 Skills4Schools program and the finals series.

Fremantle Football Club's Community Development Program is proudly supported by Platinum Level sponsor Alinta.

Alinta have a long standing relationship with Fremantle and are committed to investing time and resources to continue to grow the Community Development Program with the club as well as aiming to teach children life skills and values using Australian Rules Football as an educational tool. \$\Psi\$

# FOOTY FUN WITH TEAM FREO

The 'Freo Factor' program is designed to utilise the Fremantle Football Club's resources and player expertise to assist school students in making informed decisions for a responsible, healthy and active lifestyle.

The program, is delivered by Team Freo ambassadors including Chris Mayne, Clayton Hinkley, Andrew Foster, Luke Pratt and Brent Connelly.

The program is conducted over three sessions and includes an introduction to the game which is an interactive session with a fun, practical football component.

Students and teachers are also given a unique opportunity for a first hand look behind the scenes of the Fremantle Football Club by the Team Freo ambassadors, which includes a skill development session on Fremantle Oval and a tour of the facilities.

The final session involves a Team Freo ambassador visiting the school and discussing topics such as leadership, bullying, healthy lifestyle, goal setting and social responsibility, with the topic being determined by the school.

"The Freo Factor program has again been a great success this season," said CDP Manager David Crute.

"The program has become more popular each year and that's a credit to the Team Freo players who embrace their responsibilities as role models, ensuring that the participants learn some valuable messages.

"Thanks must also go to all the schools for being involved and we look forward to having our players involved as Team Freo ambassadors again next year."

The Team Freo players also conducted a number of training sessions with our Partner Clubs, conducted presentations at primary school assemblies and visited several of our major regional centres (Albany, Bunbury, Kalgoorlie, Esperance) where they conducted clinics in primary schools, took training at local football clubs and visited a number of hospitals.





Hi kids.

Thank you for all of your support over the season. Seeing all that purple in the crowd and hearing "Freo" chanted so loudly during our home games was fantastic.

With the emergence of some of our first year players such as Stephen Hill, Nick Suban, Greg Broughton and Matt de Boer, I am sure that you have enjoyed the excitement that these young guys have injected into the club.

All the players are looking forward to season 2010 and what's ahead and we hope you are a part of it.

Keep an eye on your letterbox for your membership renewal notice in October. Get mum and dad to sign

you up for next season. If your friends are keen Freo supporters and want to become a junior member get them to call the Membership Services Team on 9433 7111 and we'll send them out a membership pack too.

Thanks again for your support this year, keep safe over summer, keep an eye on the website for team updates and I hope to see you all again part year!

all again next year! Tohnny



Answer the following questions and add the answers together. The total of the answers should equal 2390. Good luck!

How tall is
Zac Clarke?

What number does Hayden Ballantyne wear?

How many games has Luke McPharlin played?

What football season did Rhys Palmer debut in?

How many debutants has Fremantle unveiled this season?

TOTAL:

(write your final answer here)

Email your five answers along with your name, membership number and contact details to **competitions@fremantlefc.com.au** to go into the draw for your chance to win a Kidzone prize pack.





Spot the difference

See if you can spot the ten differences between the two photos which was taken in round 5 when we beat Sydney.

I hope you have a keen eye! Good luck!



KIDZONE: RESULTS FROM DOCKER EDITION 2, 2009

Who am I? Hayden Ballantyne Which footy is it? Ball number 3

Team trivia answers:

1. = 100; 2. = 40; 3. = 21;

4. = 20; 5. = 26; 6. = 18; 7. = 203;

8. = 200; 9. = 31; 10. = 14

# CLASS OF '09



# **NICK SUBAN**

Debut: Round 1 v Western Bulldogs First AFL goal: Round 1 v Bulldogs 22 AFL games

NAB AFL Rising Star Nominee: Round 21

# STEPHEN HILL

Debut: Round 1 v Western Bulldogs First AFL goal: Round 1 v Bulldogs 22 AFL games

NAB AFL Rising Star Nominee: Round 6





# **GREG BROUGHTON**

Debut: Round 3 v Adelaide First AFL goal: Round 19 v Port Adelaide 15 AFL games



# **MATTHEW DE BOER**

Debut: Round 6 v West Coast Eagles First AFL goal: Round 6 v West Coast 17 AFL games



# **MICHAEL WALTERS**

Debut: Round 11 v Port Adelaide First AFL goal: Round 11 v Port Adelaide 3 AFL games



# **CLANCEE PEARCE**

Debut: Round 11 v Port Adelaide First AFL goal: Round 11 v Port Adelaide 8 AFL games



# **ZAC CLARKE**

Debut: Round 13 v Collingwood 5 AFL games



# **HAYDEN BALLANTYNE**

Debut: Round 13 v Collingwood First AFL goal: Round 14 v Carlton 8 AFL games



# TIM RUFFLES

Debut: Round 15 v Adelaide First AFL goal: Round 17 v West Coast 3 AFL games



Debut: Round 17 v West Coast First AFL goal: Round 17 v West Coast 4 AFL games

